

Children's Beginner Dance

Tuesday March 26 - Tuesday May 7, 2019

Ages 6 - 12 Years

Children's Contemporary Dance

A beginner contemporary class influenced by ballet, jazz, lyrical, modern techniques.

Classes will consist of a warming-up which includes; stretching, limbering, strengthening, co-ordination, alignment and articulation exercises. Moving forward to the body of the class we will explore movement exercises that engage dynamics, mood, intention, imagery, levels, travelling, timing, and more. Floor-work while seated, lying, standing and travelling will incorporate exercises enhancing foot, leg, hip, spine, arms and hands articulation, postural alignment, core support, use of breath, weight distribution, full body co-ordinations and releasing of unnecessary tension for fluidity. Class will close with creative play, improvisation and learning choreographed sequences together in unison and in groups for potential performances.

Spring 2019 Session	Tuesday March 26 – Tuesday May 7, 2019 No Class on Tuesday April 9, 2019 Time: 6:00 p.m. – 7:00 p.m. Benson Centre – Pommier Room Ages: 6 – 12 Years	Fee: \$50.00 - 6 Classes this session
--------------------------------	---	---

Name _____ Age _____ Gender _____

Address _____

City _____ Postal Code _____

Phone (Home) _____ (Work) _____

Family Main Contact _____ Phone _____

Please Indicate Any Serious Medical Problem: _____

E-Mail (Please print clearly) _____

Fee Structure: (Please check)

Best Value - 6 Sessions
\$50.00

OFFICE USE ONLY PAID BY:

Cash Debit

Credit

Amount _____

Date _____

Signed _____

Registration Policies and Procedures

1. Mail In or Register in person. Registration can take place at the Benson Centre or the Cornwall Aquatic Centre. Office hours at the Benson Centre are Monday to Friday 9:00 a.m. – 10:00 p.m. and Saturday and Sunday from 7:00 a.m. – 10:00 p.m. Office Hours at the Cornwall Aquatic Centre for registration are Monday to Friday 7:00 a.m. to 10:00 p.m., Saturday and Sunday 7:00 a.m. to 9:00 p.m. For more information please contact the Cornwall Aquatic Centre at 613-933-3586.
2. Mail in registrants will be confirmed by telephone and will receive receipt on first day of class.
3. Customers registering in person will receive a letter of confirmation at the time of registration.
4. In order to be processed, forms and fees must be completed (signed) and submitted together with current date.
5. Forms will be processed in order of first received, first processed.
6. Interact, Visa and MasterCard payments are available.

DEPARTMENT OF PLANNING, PARKS AND RECREATION REFUND POLICY

****REFUND INQUIRIES MUST BE DIRECTED TO THE LEISURE ARTS COORDINATOR****

1. **A full refund to be granted if program is cancelled. The Department reserves the right to cancel programs due to insufficient registration.**
2. **A partial refund to be granted, other than for medical reasons, if notification received 48 hours prior to second lesson.**
3. **All refunds subject to a \$5.00 administration fee and to be pro rated.**
4. All refund requests due to medical reasons must be accompanied by a medical certificate and must be received prior to halfway through the session.
5. Transfers will not be permitted after the second class.
6. Allow four weeks for processing.

THE CITY OF CORNWALL WILL NOT BE RESPONSIBLE FOR ANY MEDICAL, DENTAL OR HOSPITAL BILLS OR ANY OTHER EXPENSES CAUSED BY INJURY TO ANY PERSON PARTICIPATING IN THE CORNWALL DEPARTMENT OF PLANNING, PARKS AND RECREATION PROGRAMS. THIS BEING UNDERSTOOD, REGISTRANT AND PARENTS HEREBY AGREE AND SAVE HARMLESS AND INDEMNIFY THE CITY OF CORNWALL FROM CLAIMS FOR INJURIES.

SIGNATURE OF REGISTRANT