

# Introductory/Beginner Adult Jazz

<b>Spring 2019</b>	<b>Thursday March 28 – Thursday May 9, 2019</b> <i>No Class Thursday April 11</i> <b>Time: 5:00 p.m. – 5:55 p.m.</b> <b>Location: Benson Centre – Automotive Room</b>	<u>Fee Structure:</u> <b>\$60.00 for Classes, includes HST (Full Session)</b>
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A beginner jazz class influenced by Fosse, contemporary, ballet, lyrical, and modern techniques. Classes will consist of a warming-up which includes; stretching, limbering, strengthening, co-ordination, alignment and articulation exercises. Moving forward to the body of the class we will explore movement exercises that engage dynamics, mood, intention, imagery, levels, travelling, timing, and more. Combinations will include classic jazz steps and techniques on the floor, standing and travelling. Also, combinations will incorporate exercises enhancing foot, leg, hip, spine, arms and hands articulation, postural alignment, core support, use of breath, weight distribution, full body co-ordinations and releasing of unnecessary tension for fluidity. Class will close with learning choreographed sequences together in unison and in groups for potential performances.

**Bio: Amanda Marini-Rohde** - Amanda holds her Bachelor of Fine Arts with honours in dance and is an elementary teacher with the Ontario College of Teachers, a dance instructor, choreographer and performer. She has taught dance and movement to movers of all ages in public schools, her own dance studio, senior homes and even bachelorette parties!

## Participant Details

NAME \_\_\_\_\_ AGE \_\_\_\_\_ GENDER \_\_\_\_\_

ADDRESS \_\_\_\_\_

CITY \_\_\_\_\_ POSTAL CODE \_\_\_\_\_

DATE OF BIRTH DAY \_\_\_\_\_ MONTH \_\_\_\_\_ YEAR \_\_\_\_\_

PHONE (HOME) \_\_\_\_\_ (WORK) \_\_\_\_\_

FAMILY MAIN CONTACT \_\_\_\_\_ PHONE \_\_\_\_\_

PLEASE INDICATE ANY SERIOUS MEDICAL PROBLEM: \_\_\_\_\_

E-MAIL \_\_\_\_\_

**Fee Structure: (Please check )**

\$60.00 - 6 Sessions (Includes HST)



### OFFICE USE ONLY

#### PAID BY:

Cash  Debit

Credit

Amount \_\_\_\_\_

Date \_\_\_\_\_

Signed \_\_\_\_\_

## **REGISTRATION POLICIES AND PROCEDURES**

1. Mail In or Register in person. Registration can take place at the Benson Centre or the Cornwall Aquatic Centre. Office hours at the Benson Centre are Monday to Friday 9:00 a.m. – 10:00 p.m. and Saturday and Sunday from 7:00 a.m. – 10:00 p.m. Office Hours at the Cornwall Aquatic Centre for registration are Monday to Friday 7:00 a.m. to 10:00 p.m., Saturday and Sunday 7:00 a.m. to 9:00 p.m. For more information please contact the Cornwall Aquatic Centre at 613-933-3586.
2. Mail in registrants will be confirmed by telephone and will receive receipt on first day of class.
3. Customers registering in person will receive a letter of confirmation at the time of registration.
4. In order to be processed, forms and fees must be completed (signed) and submitted together with current date.
5. Forms will be processed in order of first received, first processed.
6. Interact, Visa and MasterCard are available.

### **CLASS PROGRAM CANCELLATION:**

In the event that classes are cancelled every attempt will be made to contact participants in advance. **Classes that are cancelled due to Civic Holidays, Statutory Holidays, Special Events will not be re-scheduled.** Participants must attend only the class in which they are formally registered. We regret we cannot accommodate requests for make up classes at other times. There are no refunds for classes re-scheduled by the department; participants must attend that class.

### **DEPARTMENT OF PLANNING, PARKS AND RECREATION REFUND POLICY**

\*\*\*\*REFUND INQUIRIES MUST BE DIRECTED TO THE LEISURE ARTS COORDINATOR\*\*\*\*

1. **A full refund to be granted if program is cancelled. The Department reserves the right to cancel programs due to insufficient registration.**
2. **A partial refund to be granted, other than for medical reasons, if notification received 48 hours prior to Second lesson.**
3. **All refunds subject to a \$5.00 administration fee and to be pro-rated.**
4. All refund requests due to medical reasons must be accompanied by a medical certificate and must be received prior to halfway through the session.
5. Transfers will not be permitted after the second class.
6. Allow four weeks for processing.

**THE CITY OF CORNWALL WILL NOT BE RESPONSIBLE FOR ANY MEDICAL, DENTAL OR HOSPITAL BILLS OR ANY OTHER EXPENSES CAUSED BY INJURY TO ANY PERSON PARTICIPATING IN THE CORNWALL DEPARTMENT OF PLANNING, PARKS AND RECREATION PROGRAMS. THIS BEING UNDERSTOOD, REGISTRANT AND PARENTS HEREBY AGREE AND SAVE HARMLESS AND INDEMNIFY THE CITY OF CORNWALL FROM CLAIMS FOR INJURIES.**

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REGISTRANT SIGNATURE