

## Family Stick & Puck Schedule

Need more ice time? Work on the fundamentals of hockey and improve your skills. The Stick & Puck program is designed to enable skaters in full hockey gear, the opportunity to work on passing, puck control and skating drills. An adult or coach must accompany all youth on the ice (Adult to Child ratio: 1 to 2). Youth ages 5 – 14. Full hockey equipment mandatory for all youth, helmets mandatory for adults. Bring your own puck or purchase one at the front desk. Maximum 30 skaters on the ice.

**Cost \$5.00/Skater Each Stick & Puck Skate is 50 minutes in duration**

### Rules and Regulations

- Youth ages 5 - 14
- All participants on ice must have paid before getting on ice, all those not paid will be asked to leave the ice surface immediately.
- Youth **must be** (mandatory) accompanied by an Adult on the ice at all times.
- Youth **must wear** (mandatory) Full Hockey Equipment.
- Parents/Guardian **must wear** (mandatory) Skates and Helmet.
- Food or Drinks are **not permitted** on the ice surface
- Pucks & sticks are **permitted**.
- Individuals are **not permitted** on the ice during flooding.
- Slapshots are **not permitted**. Youth/Adult will be asked to leave ice surface.
- Headsets, cell phones or hand held electronic devices are **not permitted** on the ice surface.
- No games or practices allowed

### May & June 2019 \* Schedule subject to change

|                        |                                 |                         |                                 |
|------------------------|---------------------------------|-------------------------|---------------------------------|
| <b>Saturday May 18</b> | <b>9:00 a.m.<br/>11:00 a.m.</b> | <b>Saturday June 15</b> | <b>9:00 a.m.</b>                |
| <b>Sunday May 19</b>   | <b>11:00 a.m.</b>               | <b>Sunday June 16</b>   | <b>9:00 a.m.<br/>12:00 noon</b> |
| <b>Friday May 24</b>   | <b>6:00 p.m.</b>                | <b>Friday June 21</b>   | <b>6:00 p.m.</b>                |
| <b>Friday May 31</b>   | <b>6:00 p.m.</b>                | <b>Saturday June 29</b> | <b>9:00 a.m.</b>                |
| <b>Friday June 7</b>   | <b>6:00 p.m.</b>                | <b>Sunday June 30</b>   | <b>9:00 a.m.</b>                |
| <b>Saturday June 8</b> | <b>9:00 a.m.</b>                |                         |                                 |
| <b>Sunday June 9</b>   | <b>12 noon</b>                  |                         |                                 |