

Lodge Life

NEWSLETTER FOR FAMILIES & FRIENDS



HAVE QUESTIONS?

DEPARTMENT EXTENTIONS

Administrator ext:4223
 Director of Care ext:4222
 Nutrition Services ext:4228
 Support Services ext:4224
 Staff Development ext:4235
 Family Services ext:4219

COMMENTS?

DEPARTMENT EXTENTIONS

Resident Services Nursing ext:4229
 Resident Services Recreation ext:4243
 Infection Prevention & Control ext:4234

WE ARE JUST A CALL AWAY

DEPARTMENT EXTENTIONS

Quality & Risk management ext:4215
 Financial Analyst
 613-930-2787 ext:4266



LIFE AROUND THE LODGE

We have been keeping busy with lots of activities; one to one and group activities when appropriate. Residents have been keeping warm inside with some hot chocolate and our specialty trolley carts that go around room to room!

Happy New Year!

Looking forward to the new year ahead and what's to come!
-Getting back to 2 elevators slowly but surely

-Updating Cornwall and Dundas units with new artwork and paint, we will be adapting methods from the Butterfly Approach

-We count on you! Please continue helping us follow public health guidance to stop the spread of seasonal viruses in our home.

Please let us know what you would like to see more of in our quarterly newsletter by emailing smclean@cornwall.ca



Updates from the Team:

Good & bad news about our current covid outbreak.

- Bad news: is that we are in another covid outbreak.
- Good news: is our residents now have access to the antiviral "Paxlovid" that was not available to in our last outbreak.

The medication is oral dosing, and it is given over 5 days. If given in a timely manner (within 5 days) it will likely reduce the length of illness with Covid and prevent more serious symptoms. Not everyone is eligible and specific doses are considered after analysis of other medications and kidney function.

We encourage all to remain diligent with your hand hygiene and PPE usage if visiting inside Glen Stor Dun Lodge over the next days and weeks for the safety and quality of life of the residents who live here. We want to inform you, that a solid communication with EOHU, GSDL medical team and our pharmacist is already in place and working to support the situation.

“You are never too old to set another goal or to dream a new dream.” – C.S. Lewis



COUNCIL OF FAMILY AND FRIENDS

Meetings held: Second Wednesday of every month at 1:30 p.m. in the Library at the Glen Stor Dun Lodge.

The Council is always seeking new members! Please reach out to Shelby the Resident & Family Services Coordinator to learn more!

RESIDENT COUNCIL

Meetings held: The fourth Tuesday of every month at 10:30 a.m. in the Chapel at the Glen Stor Dun Lodge (Excluding July, August & December)

THANK YOU TO OUR AMAZING VOLUNTEERS

Glen Stor Dun Lodge would not be the same without the work of our volunteers. Their lovely spirits, and desire to help, it truly makes all the difference.

Interested in volunteering? Call extension 4219 or email smclean@cornwall.ca





IN LOVING MEMORY

A space for us to reminisce on residents who have left us

| | | |
|------------------|------------------------|-------------------------|
| Shirley Wells | Dorothy Wallace | Margaret Mackinnon |
| James Hughes | Orval Tessier | Francois Denis |
| Claire Dorey | Barbara Hynes | Jacqueline Lamarche |
| Richard Schell | Patricia Irwin | Marie-Paul Vaillancourt |
| Jean Baervoets | Dale Beermann | Annie Dube |
| Joan Masterman | Stella Massia | Kenneth James |
| Jacqueline Bowen | Louis-Philippe Carrier | Joseph Loney |

DID YOU KNOW?

90% of our Resident have received their 5th dose of COVID-19 Vaccine

94% of our Residents have received their Annual Influenza Vaccine

WHEN IS THE RIGHT TIME TO ASSIGN A POA - POWER OF ATTORNEY

If something happens to you, for example an accident or illness that impacts your ability to make financial or health care decisions for yourself, you will need someone to make those decisions for you.

You should consider having a power of attorney in place, regardless of your age or financial situation. A power of attorney is a legal document that gives someone you trust the right to make financial or health care decisions for you. This trusted person does not have to be a lawyer to be your attorney.



WHY WEARING A MASK IS IMPORTANT

COVID-19 will continue to spread at different levels in our communities, and outbreaks will still occur.

Masks are one of the most effective individual public health measures that we can use to protect ourselves and others from COVID-19.

When layered with other public health measures, a well-constructed, well-fitting and properly worn mask can help prevent you from:

- getting COVID-19
 - they reduce the amount of infectious respiratory particles you inhale
- spreading COVID-19 to others
 - they contain the infectious respiratory particles you produce if you're infected, even if you don't have symptoms

UPCOMING EVENTS:

- January 1st New Year's Day
- February 2nd Ground Hog Day
- February 14th Valentine's Day
- March 8th International Women's Day
- March 17th St. Patrick's Day
- March 20th Spring Begins

