

# Lodge Life

NEWSLETTER FOR FAMILIES & FRIENDS



## HAVE QUESTIONS?

### DEPARTMENT EXTENTIONS

Administrator ext:4223  
 Director of Care ext:4222  
 Nutrition Services ext:4228  
 Support Services ext:4224  
 Staff Development ext:4235  
 Family Services ext:4219

## COMMENTS?

### DEPARTMENT EXTENTIONS

Resident Services Nursing ext:4229  
 Resident Services Recreation ext:4243  
 Infection Prevention & Control ext:4205

## WE ARE JUST A CALL AWAY

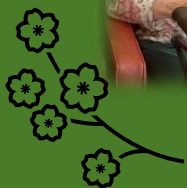
### DEPARTMENT EXTENTIONS

Quality & Risk management ext:4215  
 Financial Analyst  
 613-930-2787 ext:4266

## LIFE AROUND THE LODGE

We have resumed our regular activities, including live entertainers, darts/happy hour, and many other themed events! Patio socials will resume in the summer months.

Check out the Lodge Breeze monthly to stay up to date on activities.



## Spring has sprung!

Our patio furniture is out, and gardening is underway! We always look forward to seeing residents and family enjoying the lovely weather and view from the GSDL patio.

Our Cornwall and Dundas units have been updated with new artwork and painting continues down the hall (pictured to the right).

Please let us know what you would like to see more of in our quarterly newsletter by emailing [smclean@cornwall.ca](mailto:smclean@cornwall.ca)



### GSDL Leadership Meet and Greet

We will be hosting a meet & greet with the leadership Thursday, May 18<sup>th</sup> from 5:00 - 6:00 p.m. Below are some brief introductions of the leadership team to help you get to know everyone better.

#### **Nutrition services Supervisor - Alyssa Ouimet**

Alyssa graduated from the University of Guelph – Kemptville Campus from the Food Nutrition and Risk Management Program, from that program she was able to enter the Canadian Society of Nutrition Management and which she has been a part of since 2012. Alyssa has been working at the Lodge for almost 11 years, she started as a dietary aide working in the kitchen and has worked her way into the Supervisor position back in 2019. She is currently expecting her first child with her husband and will be taking parental leave starting June 2023.

#### **Support Services Supervisor - Maarit Fernberg**

Maarit has a university degree in business and political science and a college degree in accounting. Maarit is starting her 16th year at Lodge in August, and it has been an amazing journey and privilege to work with the staff to provide for our residents. Through the years I have been involved in Purchasing (operations and capital), Accounting, Quality, Accreditation. Now in my capacity of Support Services Supervisor, I supervise housekeeping, laundry, maintenance, and facilities (inside and outside). As well, I continue to purchase for operations and capital projects. I come from the private industry with 30 years of management experience in the field of sales, marketing and purchasing of computer hardware, software, electronics, and contract manufacturing, where I held positions of National Sales Manager, and Executive Purchasing Manager.

#### **Human Resources Lead - Brian Dufresne**

Aspects of his role include recruitment, employee relations, labour management and employee development. Brian is new to his role in HR and comes to us as a 20-year veteran of the Paramedic Service. Brian is married with two children, aged 11 and 8. When not at work, Brian enjoys staying active by going to the gym, skiing, playing golf and coaching his son's Baseball team.

#### **Infection Prevention and Control Lead – Oleg Surlari**

Oleg manages the IPAC committee meetings and agenda. IPAC lead is a government funded position. Oleg is guided by the "Fixing Long-term care Act, 2021" c. 39, sched. 1. He reports to his immediate supervisor: Melanie Levesque, DOC.

#### **Staff Development/Health & Safety Officer – Jennifer Archambault**

Jennifer graduated as a RPN in 1989, worked at Heartwood for 18 years as a RPN and a Supervisor, she then worked at the Cornwall General Hospital for 10 years as an RPN. Jennifer joined the Lodge in 2003. Jennifer's role is to plan, promote, co-ordinate, and evaluate the Staff Education Programs. With regards to Health & Safety she monitors adherence to safety policies and procedures and promote safe work practices.

**Supervisor of Resident & Outreach Services – Tracey Delage**

Tracey has a degree in Sociology with a concentration in Gerontology. Tracey has been employed at the Glen Stor Dun Lodge since 1998. She worked as a Recreologist on the various units until 2016 when she was promoted to the position of Supervisor of Resident Services. In 2020, after some organizational changes, Tracey took on the role of overseeing the Outreach Services Department as well therefore, becoming the Supervisor of Resident & Outreach Services. Her main priority is to ensure the provision of therapeutic programming, recreational activities, and social stimulation for residents of our long-term care Home as well as seniors living independently in the community of Cornwall and the United Counties. Tracey has been married to her husband Bryan for 25 years, they have two wonderful children, aged 20 and 23, and are moving towards life as empty nesters.

**Nursing Supervisor – Kristen Renwick-Marshall**

Kristen has worked as a Registered Nurse in many different areas of the health care system including Emergency, Medicine, Surgery, Complex Continuing Care and Long-Term Care. Kristen brings years of experience in mentoring and supporting the health care team as well as providing professional and competent patient care.

**Deputy Administrator/Director of Care - Melanie Levesque**

Melanie completed her nursing degree here in Cornwall and has worked in long term care for most of her career. In 2021 she took a specialty course for infection prevention and control, and in 2022 wrote her Gerontology Exam to be registered with the Canadian Nurses Association as a gerontological nurse.

**Deputy Administrator/Quality Improvement and Risk Management - Andre Turbide**

Andre worked in emergency medicine as a paramedic for 26 years, was one of the first trained Advanced Care Paramedics in Cornwall then became Deputy Chief of Quality Assurance and Training at Cornwall SD&G Paramedic Services for 18 years before moving into the Long-Term Care Sector. Andre has been working at GSDL for a little over a year and his role is to oversee the operational sector of the Lodge, and quality assurance/improvement. On his spare time, he likes to spend time with his wife, three children and grandchildren. He enjoys spending my time outdoors, hunting, cycling, woodworking and riding my motorcycle.

You will often see Andre with his service dog whose name is Groot (from the movie Guardian of the Galaxy) and he is 4 years old. Although he loves people and especially children, he cannot be pet or touched as he has a job to do. While he's not working, he enjoys playing with his toys, running around to burn off his energy, getting pet by anyone who looks at him and destroying Andre house with his powerful wagging tail.

**Administrator - Meena Mullur**

As the Administrator Meena is responsible for the overall operations of the home ensuring compliance with regulatory and legislative standards and providing high quality care to our residents. Meena began her career with the City in September 2007 in the Social and Housing Services Department and has supervised many programs within that Division for over a period of 15 years. Most recently before joining the GSDL team, Meena was leading and managing changes in the Ontario Works Division including Homelessness /By-Names list implementation within her portfolio. Meena has a Masters degree in Public Administration and continues to build on her formal education in the areas of lean concepts, conflict resolution, diversity and inclusion. Meena enjoys traveling, creating healthy yet tasty recipes, and painting in my spare time.

**Update from the Nutrition Services Department:**

The new Spring and Summer menu will start on May 1st, 2023, with a food committee meeting to take place June 6<sup>th</sup> in the Chapel.

There has been a Ministry funding increase to the Nutrition Support Envelope, we now receive \$12.07 per resident per day for their daily meals and snacks. We will be hosting a Mother's Day brunch on Sunday May 14th in the tearoom and for the residents upstairs.



There have been a few new faces added to the Nutrition team, Chanelle Secours – dietary aide, and Courtney Lalonde-Watters – dietary aide.

**IN LOVING MEMORY**

A space for us to reminisce on residents who have left us



Alberta Langlois	Riekje Brandsma	Romeo Brodeur	Edna Dorey
Fleurette Morency	Gladys Price	Elizabeth Lacharite	Rene Seguin
Simone Lefebvre	Suzanne Martin	Helena Vivarais	Paul Morin
Lucy Watters	Carolyn Lanteigne	Francois Lussier	Roger Lalonde
Irene Leroux	Kenneth Shaver	Giulia kake	Margaret Gillett
Sidney Warcup	Pauline Villeneuve		

**COUNCIL OF FAMILY AND FRIENDS**

Meetings held: Second Wednesday of every month at 1:30 p.m. in the Library at the Glen Stor Dun Lodge.

The Council is always seeking new members! Please reach out to Shelby the Resident & Family Services Coordinator to learn more!



**RESIDENT COUNCIL**

Meetings held: The fourth Tuesday of every month at 10:30 a.m. in the Chapel at the Glen Stor Dun Lodge

(Excluding July, August & December)



**WHY HAND HYGIENE IS IMPORTANT**

“Adherence to hand hygiene recommendations is the single most important practice for preventing the transmission of microorganisms in health care and directly contributes to patient safety.” (Public Health Agency of Canada)

Benefits of Hand Hygiene in Health Care  
 Studies show that improved hand hygiene:  
 →Decrease health care associated infections by 20-40%



When to Perform Hand Hygiene  
 →Before entering a resident’s room  
 →Before an aseptic procedure, including before putting on gloves  
 →After exposure to bodily fluids, including after removing gloves  
 →When leaving a resident’s environment  
 →After a resident interaction

**UPCOMING EVENTS:**

- May 8<sup>th</sup> National Nursing week
- May 14<sup>th</sup> Mother’s Day
- May 18<sup>th</sup> Meet & Greet
- June Patio Socials Begin
- June 18<sup>th</sup> Father’s Day
- June 21<sup>st</sup> First Day of Summer
- July 1<sup>st</sup> Canada Day