

# GLEN STOR DUN LODGE

## OUR NEWSLETTER FOR FAMILIES AND FRIENDS

APRIL-JUNE 2022

### A MESSAGE FROM THE ADMINISTRATOR

Dear family & friends,

Please note that I will be away for a few weeks on a medical leave.

During my absence, please contact Jacqueline Dorval, Deputy Administrator/Director of Care at 613-933-3384, x 4222 or by email at [jdorval@cornwall.ca](mailto:jdorval@cornwall.ca).

Until we meet again, stay safe and healthy!

Best Regards,

Steven Golden  
*Administrator / Administrateur*

Glen Stor Dun Lodge  
1900 Montreal Road  
Cornwall, Ontario, K6H 7L1  
(613) 933-3384

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[www.Glenstordunlodge.ca](http://www.Glenstordunlodge.ca)

### Departmental Supervisors

*Have questions? Comments?*

*We are just a call away:*

613-933-3384

Administrator	ext: 4223
Director of Care	ext: 4222
Nutrition Services	ext: 4228
Resident Services-Nursing	ext: 4229
Resident Services- Recreation <i>(Activities, Hairdressing, Outreach)</i>	ext: 4243
Support Services <i>(Housekeeping, Laundry, Maintenance)</i>	ext: 4224
Staff Development	ext: 4235
Infection Prevention and Control	ext: 4234
Family Services	ext: 4219
Quality and Risk Management	ext: 4215
Financial Analyst	613-930-2787 ext: 4266

## LIFE AROUND THE LODGE

### Easter Celebrations

Our residents enjoyed various Easter-themed celebrations in April 2022. Can you guess who is in the Bunny suit from our Leadership Team?



### Ceiling Lifts – 4<sup>th</sup> Floor

8 additional new ceiling lifts were installed in May 2022 on our 4<sup>th</sup> floor. The goal at Glen Stor Dun Lodge is to have ceiling lifts in every room to accommodate the changing needs of our residents no matter their assigned space.

### New Gardener

A new gardener has been contracted to clean-up and maintain the outdoor spaces throughout the Summer. They have been hard at work since the beginning of April updating the various garden spaces for beautiful, vibrant visiting areas.



## Annual Sandbag Classic

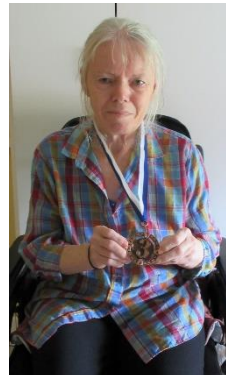
On May 24<sup>th</sup>, our Annual Sandbag Classic was held. Residents practice for this event all year and are very excited when the day finally arrives. This year's winners are as follows:



**1<sup>st</sup> Place:**  
**Bill Rankin**



**2<sup>nd</sup> Place:**  
**Alex Hart**



**3<sup>rd</sup> Place:**  
**Stella Baxtrom**

Everyone has a great time during this friendly competition, and we look forward to next year's event.



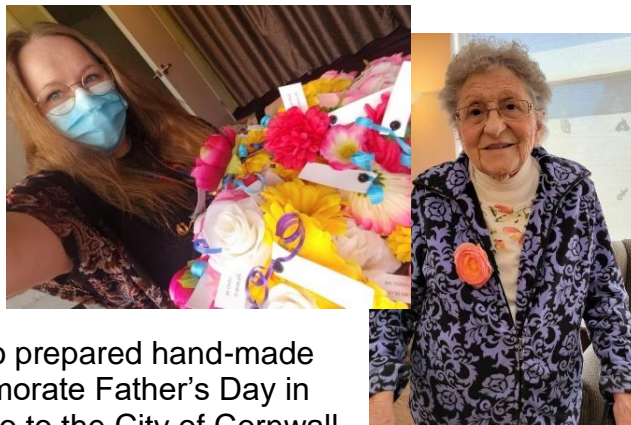
## **Spring Cleaning Reminder**

With the warmer months here, this is friendly reminder to "spring clean" your loved one's space. Checking in on the hygiene of any mini refrigerators in their rooms, as well as exchanging the heavier, winter clothing for lighter, summer clothing.

Our Recreation team and BSO enjoy bringing residents outside on beautiful days in the warmer months, so it is suggested to ensure your loved one has a sunhat for these activities as well.

## **Mother's Day Celebrations**

Our very thoughtful Recreologist, Jennifer, hand-made each female resident a corsage to honour the day for Mother's Day in May 2022. To see more photos, please go to the City of Cornwall Facebook page.



## **Father's Day Celebrations**

Our thoughtful Recreologist, Jennifer, also prepared hand-made awards for each male resident to commemorate Father's Day in June 2022. To see more photos, please go to the City of Cornwall Facebook page.

## **Outdoor Visiting Spaces**

Our Gazebos have been installed in both secure gardens off 2<sup>nd</sup> floor to offer outdoor visiting spaces directly from these units. Our front Gazebo is already being well utilized by both residents and their families while visiting or enjoying a meal together to make lovely use of the water view. No appointment necessary to visit.

## **Family Council Week – June 6<sup>th</sup>-12<sup>th</sup>, 2022**

In June, our Family Council celebrated their annual recognition week. A chance to promote Council's efforts and encourage new family members to join! Posters were placed throughout Glen Stor Dun Lodge units during that week to promote who they are and what they do.

In an effort to promote more about Family Council as well, a new bulletin board has been created in the Tea Room for all to keep up with their events, projects and advocacy throughout Glen Stor Dun Lodge.



# THANK YOU FOR VOLUNTEERING

"VOLUNTEERS DO NOT NECESSARILY HAVE THE TIME; THEY JUST HAVE THE HEART."  
- ELIZABETH ANDREW

## Volunteer Appreciation Week – April 24<sup>th</sup>-30<sup>th</sup>, 2022

Our home would not run the same without our dedicated, warm-hearted volunteers. In April, we recognized the hard work and commitment our volunteers provide with a small 'thank you' of our appreciation. It is so very true that "volunteers do not necessarily have the time; they just have the heart" – Elizabeth Andrew.

Our volunteers do a variety of roles here, including but not limited to: Tuck Shop Attendants, Spiritual Care/Communion, Appointment Assistants, Friendly Visitors, Entertainment, Physiotherapy and Beauty Parlour porters, and Group Program Assistants.

## Administrative Professional's Day – April 26<sup>th</sup>, 2022

Glen Storr Dun Lodge would not operate smoothly without the wonderful Administrative Professional's that we have, including our Receptionist, Scheduler, Payroll Coordinator and Administrative Secretary. Their detail-oriented, welcoming spirits help keep our day-to-day operations flowing. We could likely take at an entire month to thank them for their various roles but are thankful to at least be able to commemorate a small 'thank you' annually on this national recognition day!

## National Nurses Week – May 9<sup>th</sup>-15<sup>th</sup>, 2022

Our Nursing team and Personal Support Workers (PSW) were recognized for their tremendous efforts and committed roles at GSDL, especially throughout the pandemic, with their national appreciation week in May 2022. Activities, draws, and celebrations were organized throughout the week of May as a small thank you for the hard work of our caring and compassionate team.



## Medication Administration Pass – Friendly Reminder

Our Registered Nursing team are responsible for administering all medications as ordered by our Physician or Nurse Practitioner. A friendly reminder to visitors that when our Registered Nurses are on the units with their medication carts to **please not disturb** them. It is very important that our nursing team remain focused on their task at hand of administering medications to the residents.

## **DID YOU KNOW? Care Conferences**

Upon each admission, a 'post-admission' care conference is scheduled 6 weeks following to review the residents' overall care and transition since arrival with the multi-disciplinary team, including: Nursing, Dietary, Recreation, and Social Services. Physiotherapy calls the POA-Care on the morning of the scheduled conference to provide their feedback due to their availability to attend in-person.

Dr. Patel and Mona Burrows, NP, call the day prior to the scheduled conference with their "Goals of Care" conversation to offer the opportunity for the POA-Care to provide direct feedback to the GP/NP.

Then thereafter, an 'annual' care conference is scheduled each year with a similar process. These meetings are scheduled in 30-minute increments. We recommend sending questions in advance.

*We always like to remind families that although we do this annually, never hesitate to reach out to any discipline at any time with questions or concerns. Their contact information is on the 1<sup>st</sup> page of this newsletter.*

## **Summer Activities**

The summer season is a very busy time here at the Lodge. The Recreation team has been busy planning and organizing lots of seasonal activities, both indoors and outdoors, for the residents. These include: ice cream trolleys, entertainment, patio socials, country drives and garden strolls.

One special thing to note is that, with the elevator upgrade commencing in July, many of the regularly scheduled activities, such as Bingo, that take place in the Tea Room will be relocated to individual units. Please refer to the July and August activity calendars for the locations of the daily programs.

## **July Special Events**

<b>DATE</b>	<b>EVENT</b>
Friday July 1 <sup>st</sup>	Canada Day Ice Cream Trolley
Wednesday July 6 <sup>th</sup>	Little Ray's Reptile Presentation
Monday July 11 <sup>th</sup>	Music with Johnny M
Monday July 18 <sup>th</sup>	Birthday Party with Virginia
Wednesday July 20 <sup>th</sup>	Dairy Queen Treat Day
Tuesday July 26 <sup>th</sup>	Music with Ed & Marie

## **August Special Events**

The Recreation Team is still planning for the month of August.

***On behalf of the Recreation team, we wish you all a very happy and healthy summer.***

## **Upcoming Change to Beauty Parlour Pricing: July 1<sup>st</sup>, 2022**

Our Beauty Parlour will be increasing their pricing for hair services. This change begins July 1<sup>st</sup>, 2022.

<b>Services</b>	<b>Current</b>	<b>New Prices as of July 1<sup>st</sup>, 2022</b>
Wash & Set	\$25.00	\$27.00
Wash, Cut & Set	\$33.00	\$35.00
Cut Only	\$22.00	\$24.00
Cut & Dry	\$27.00	\$29.00
Perm	\$69.00	\$71.00
Colour & Set	\$45.00	\$47.00
Colour, Cut & Set	\$58.00	\$60.00
Tapered Cuts (Men)	\$19.00	\$21.00

### **UPCOMING EVENTS IN 2022**

Canada Day – July 1<sup>st</sup>, 2022  
Pride Week – July 3<sup>rd</sup> -10<sup>th</sup>, 2022  
Resident Council Week – September 12-18, 2022  
Franco-Ontarian Day – September 25<sup>th</sup>, 2022  
Truth and Reconciliation Day – September 30<sup>th</sup>, 2022  
National Custodial Workers Day – October 2<sup>nd</sup>, 2022  
Fire Prevention Week – October 9<sup>th</sup>-15<sup>th</sup>, 2022  
World Mental Health Day – October 10<sup>th</sup>, 2022  
National Infection Control Week – October 17<sup>th</sup>-20<sup>th</sup>, 2022  
Remembrance Day – November 11<sup>th</sup>, 2022

# ENJOY YOUR Summer

## NEW FACES, NEW PLACES

*Introductions to new staff and new positions at The Lodge. Please feel free to say “hello”!*

### Nursing Department

Gloria David, Personal Support Worker

Keith Robillard, Personal Support Worker

Eric Ladouceur, Personal Support Worker

Robin Dvorak, Personal Support Worker

Jordan Anderson, Personal Support Worker

Gloria Barnes, Personal Support Worker

Nick Sauve, Personal Support Worker

Yangoh Kim, Personal Support Worker

### Dietary Department

Joginder Singh, Chef

Justin Walker, Dietary Aide

Ramya Yahampath, Dietary Aide

### Work Anniversaries

**Shannon Shail, Chef**, celebrated 17 years of service with Glen Stor Dun Lodge in May 2022. Shannon has become an integral part of our Nutrition Care Team. Shannon is our main contributor and competitor to the “Soup’s On” event held annually by the Alzheimer Society of Cornwall – you can see the awards displayed proudly at our servery in the Tea Room.

**Manon Bourdon, Receptionist**, celebrated 20 years of service with Glen Stor Dun Lodge in June 2022. Manon fulfills many hats at the front office, and life at the Lodge would not run as smoothly without her. Did you know Manon began her career at GSDL as a PSW, moving into the role as Receptionist later into her career here. Manon certainly carries her “Boss Lady” title with pride and has certainly earned this title over the years!

## In Loving Memory

*A space for us to reminisce on residents who have left us, as well as staff retirements.*

Carmen Lanois  
Françoise Laurin-Cardinal  
Jean-Robert Bisson

Ralph Villeneuve  
Brian Gignac  
Jean Pilon  
Lily Robineau

Shirley Wells  
Dorothy Wallace  
Margaret “Peggy” MacKinnon

## COUNCIL OF FAMILY AND FRIENDS

**MONTHLY MEETINGS,  
EDUCATION SESSIONS,  
RESIDENT & FAMILY  
ADVOCACY,  
FUNDRAISING SUPPORT,  
SUPPORT THROUGH LTC  
TRANSITION,  
& MUCH MORE ...**

Your Council Executives encourage you to reach out as family and friends any time for support or to further discuss any concern you may be having.

Denise Symington – Chairperson, 4<sup>th</sup> Floor Representative  
613-932-8125

Margaret Gordon – 3<sup>rd</sup> Floor Representative  
613-938-7678

Gail Arthur – 3<sup>rd</sup> Floor Representative  
613-528-0282

Dave Malcolm – 2<sup>nd</sup> Floor Representative  
613-260-5729

### FAMILY COUNCIL MEETINGS

**COUNCIL MEETS ONCE PER  
MONTH AT 1:30PM IN THE  
LIBRARY AT GLEN STOR  
DUN LODGE**

*(Excluding July, August &  
December)*

Introducing our newest member!  
Kent Shaver – Council Member

**THE COUNCIL ARE ALWAYS SEEKING NEW MEMBERS!  
PLEASE REACH OUT TO ANY MEMBER IF YOU ARE  
INTERSTED TO LEARN MORE OF THE COUNCIL AND  
HOW TO JOIN.**

## RESIDENT COUNCIL

### RESIDENT COUNCIL MEETINGS

**Fourth Tuesday of every month at 10:30AM in  
the Chapel at Glen Stor Dun Lodge**

*(Excluding July, August & December)*  
*\*Family are always invited to attend\**

### RESIDENT COUNCIL EXECUTIVE MEMBERS

**Dr. Patricia Irwin – President**

## THANK YOU TO OUR AMAZING VOLUNTEERS

Glen Stor Dun Lodge would not be the same without the work of our volunteers. Their lovely spirits, and desire to help, makes a difference in creating a warm atmosphere.

From the Tuck shop, physiotherapy, hair salon, pet therapy, spiritual support and friendly visiting, our volunteers put their skills to the best use to brighten the days of your loved ones.

### INTERSTED IN VOLUNTEERING?

Call extension 4219 or [avandrish@cornwall.ca](mailto:avandrish@cornwall.ca) to get the process started.