



Family Stick & Puck Schedule

Need more ice time? Work on the fundamentals of hockey and improve your skills. The Stick & Puck program is designed to enable skaters in full hockey gear, the opportunity to work on passing, puck control and skating drills. An adult or coach must accompany all youth on the ice (Adult to Child ratio: 1 to 2). Youth ages 5 – 14. Full hockey equipment mandatory for all youth, helmets mandatory for adults. Bring your own puck or purchase one at the front desk. Maximum 30 skaters on the ice.

Rules and Regulations

- Youth **must be** (mandatory) accompanied by an Adult on the ice at all times.
- Youth **must wear** (mandatory) Full Hockey Equipment.
- Parents/Guardian **must wear** (mandatory) Skates and Helmet.
- Food or Drinks are **not permitted** on the ice surface
- Pucks & sticks are **permitted**.
- Individuals are **not permitted** on the ice during flooding.
- Slapshots are **not permitted**. Youth/Adult will be asked to leave ice surface.
- Headsets, cell phones or hand held electronic devices are **not permitted** on the ice surface.
- Hockey Nets are **not permitted** on ice during Stick and Puck Skate.
- Youth ages 5 - 14

Pad #3

Friday, August 12	7 – 7:50 p.m.
Thursday, August 18	7 – 7:50 p.m.
Monday, August 22	7 – 7:50 p.m.
Wednesday, August 24	7 – 7:50 p.m.

Cost \$5.00 per person (youth and adults)

www.cornwall.ca